

From: [sarah.thompson](#)
To: [All at City Clerk's Office](#)
Date: Saturday, May 16, 2020 4:35:23 PM
Attachments: [South San Francisco Adult Day Care Senior Program_.pdf](#)

Marianna, I am so, so sorry that you are having to deal with this stressful situation. The ignorance and insensitivity of the hatchet person is appalling.

I have attached a PDF and also put a copy of the letter into the body of the email.

I'm not sure if I should send email this the South San Francisco City Council or not. Please let me know. xoxox Sarah

May 16th, 2019

Dear South San Francisco City Council Members,

We are aware of a motion under consideration to close the South San Francisco Adult Day Care Senior Program. We are deeply concerned about the impact of the program's closure on the mental and physical health of the seniors who have benefited so much from the many activities and events the program has sponsored.

As crisis intervention specialists who work at the Institute of Aging in San Francisco, we talk on a regular basis with seniors who are isolated and who feel like a burden to society and to their families.

You may be aware that the rate of suicide among seniors is extremely high and rising all the time. To explain this, let's look at what seniors are facing. They are often grieving the loss of a spouse and multiple members of their former support system. They may not live near their children or relatives who can help with caregiving.

Additionally, 77% of seniors are coping with multiple chronic diseases. Because of this, they may not be able to drive, engage in conversations or read and they may struggle to take care of daily tasks that are essential for their survival. As the world becomes more driven by technology, they may struggle to access services and manage their finances and may feel bewildered and left behind by a world that is rapidly changing.

The pressures seniors feel from the factors listed above are compounded when they are isolated from personal connections and opportunities for engagement and stimulation. When this happens, seniors are at risk of sinking into chronic depression. Impaired mental health due to depression has been widely documented as a potential contributing factor to further physical health issues.

As the Covid-19 virus spreads, seniors feel a heightened awareness of their vulnerability. They read about the virus rampaging through nursing homes and assisted living facilities. They are afraid of infection in the outside world and feel even more like prisoners in their own homes.

The closing of the South San Francisco Adult Day Care Senior Program will deprive our valued seniors of a home away from home where they feel safe and valued by a larger community.

Every day, there are seniors in this city who wake up looking forward to another day of social and mental engagement at the South San Francisco Adult Care Senior Program. Please don't deprive them of this bright spot in their daily lives.

Sarah Thompson

Cynthia Obenchain, M.S.

From: [John Erve](#)
To: [All at City Clerk's Office](#)
Subject: Please Support SSF Senior Center and Adult Daycare Program
Date: Sunday, May 17, 2020 3:07:07 PM

Dear Council Members,

I am writing to let you know how important the services of the SSF Senior Center at Magnolia are to the community in general and how useful the Adult Daycare program has been to me in particular.

For several years I have brought my +90 year old mother to the Adult Day care program 2-3 times per week which allows me to use this time to do on-site visits to various of my business clients here in SSF. I am always impressed that when I pick up my mother at the end of those days how active and invigorated she is compared to other days when she does not attend. It is clear to me that she benefits, like I am sure others do too, by interacting with other seniors that attend.

I am hopeful that the city will continue their support of this and other valuable community programs at the Senior Center and will reopen when it is safe to do so.

Thank-you for your consideration,

John Erve, SSF resident since 2012

From: [John Erve](#)
To: [All at City Clerk's Office](#)
Subject: Please Support SSF Recreation Programs
Date: Sunday, May 17, 2020 3:09:55 PM

Dear Council Members,

I am writing to let you know how beneficial the adult recreation program is to the community in general and how useful the Taichi class in particular has been to me and my family.

For the past seven years I have been attending the Taichi class at Taraby gymnasium. On the two nights we go there, in addition to our class the building is full with dance classes, yoga classes, basketball games and pickleball games. It is clear that many in our community benefit from these programs to stay fit and healthy. I am hopeful that the city will find a way to continue its support of all of SSF's recreation programs when it is safe to do so.

Thank-you for your consideration,

John Erve, SSF resident since 2012

From: [REDACTED]
To: [All at City Clerk's Office](#)
Subject: Magnolia Senior Center Classes
Date: Sunday, May 17, 2020 7:01:17 PM

Please consider keeping the yoga class going at Magnolia Senior Center. There are many students who have been taking this class with Joanne Calvert for many, many years. Thanks for considering, Rosalind

From: [Melanie Burchard](#)
To: [All at City Clerk's Office](#)
Cc: [REDACTED]
Subject: South San Francisco Adult Day Care Program
Date: Monday, May 18, 2020 12:14:20 AM

Dear South San Francisco City Council Member,

I am writing in support of the South San Francisco Adult Day Care Program at the Senior Center at 400 Grand Avenue. It is impressive that the City of South San Francisco has operated the program for the past 34 years, providing a valuable resource for residents of San Mateo County.

Social isolation has such negative consequences for people, especially seniors, and our family is thankful that our mother has had the opportunity to go to the South San Francisco Adult Day Care Program during the day to attend a well-run program that helps us keep our mother healthy and socially engaged. She has participated in healthy activities during the day, such as exercise with music, sing-a-longs, art activities and games. The hot lunch is a treat for her and keeps her healthy. The staff are all attentive and helpful and they are like family to her.

The South San Francisco Adult Day Care Program is an important program for seniors and contributes to their well-being, and we hope that the program will continue. We support the decision to ensure the health of our community by following the health department guidelines, and we believe that this can be accomplished while also continuing this important Adult Day Care Program operated by the City of South San Francisco.

Respectfully,

Melanie Los Banos Burchard

From: [Melissa](#)
To: [All at City Clerk's Office](#)
Subject: Important: Budget Meeting 5/18 - we support SSF Adult Day Care Program
Date: Monday, May 18, 2020 9:41:45 AM

Dear South San Francisco Council Member,

I am writing on behalf of my Mother, Father and brothers and sisters. My Mother is a Participant of the Magnolia Senior Center Adult Day Care Program (601 Grand Avenue, SSF, CA) and we strongly feel this program is essential. Our Mother has enjoyed this well run structured program with Marianna and Kelly - and day to day - facilitation and care from Lillian, Evangeline and Christina. Our Mother has met friends through this great program. It is wonderful for her holistic well being - mind, body and spirit. We have noticed a significant improvement in her health since joining SSF Adult Day Care Program. When we pick her up she is smiling, happy and she is excited to tell us about her day. Not only does she exercise, but she creates art work, listens to music, and gets a healthy meal.

Please continue this great program and include it in your budget planning discussions today. We understand the priority is to maintain a healthy community. We support this goal as well and we are hopeful there is a way to continue this much needed program in a healthy and safe way.

All of us children grew up in South San Francisco and we love this city! Please keep this great program so our elders will have a wonderful place to enjoy their golden years.

Warm Regards,
Melissa Los Banos Ward

From: [REDACTED]
To: [All Council](#)
Cc: [All at City Clerk's Office](#)
Subject: Re-opening the Magnolia Center
Date: Monday, May 18, 2020 10:25:41 AM

City Council of South San Francisco Budget Sub-Committee,

It has been brought to my attention that you may be considering not re-opening the Magnolia Center when the "shelter in place" restrictions are lifted because of budget cuts you wish to implement. This would be a great loss to many who have benefited from this valuable asset to the community. The Magnolia Center has been a treasured resource not only for the elderly but for their families as well.

From my own experience, I took my husband who suffers from a disease that resembles Alzheimers, to the Day Care Center for several years. It gave my husband precious social time, which when one has Alzheimers, social interaction is few and far between. Not only did this time at the Center benefit my husband, but as his wife and primary caregiver, I was able to have a few hours of respite for myself.

Another important resource there at the Magnolia Center is the Support Group that meets twice a month. Through this group, I have found others who are going through the same painful journey with their loved ones. It gave me much needed support, as well as education about how to cope with a loved one who suffers from dementia.

Getting old is not fun even if you aren't caring for someone who is sick or has dementia. But without places such as the Magnolia Center that offers activities and support for the elderly, we are left with staying home, being alone and feeling forgotten.

Please don't overlook us when planning your budget. I hope that when it is safe to do so, you will re-open the Magnolia Center which offers such a vital lifeline to the community.

Thank you for your consideration.

Mimi Iversen

[REDACTED]

From: [Marie](#)
To: [All Council](#); [All at City Clerk's Office](#)
Subject: SSF Adult Day Care Program
Date: Sunday, May 17, 2020 8:19:05 PM

Dear Council Members,

My name is Marie Fernandez and my husband Erik is a very happy member of the Adult Day Care Program.

I'm writing to tell you the program is of immense importance to seniors. Seniors - especially those that have undergone some type of trauma - thrive in the type of atmosphere such as the program has.

My husband, went into a depressed state after brain surgery some years back. A caregiver was not helping his recovery. He felt isolated but could not explain how he felt.

Prior to his surgery (which was due to falls), he did volunteer work 5 days a week. He enjoyed meeting others on his volunteer work. After his surgery he was confined to the house. Although he read avidly, and watched some TV, he missed the stimulation of interacting with others.

He got better and last year was back again volunteering two mornings a week at the St. Vincent de Paul Homeless Cafe on Grand Avenue. Sadly, in mid May last year a garbage bin unexpectedly rolled into him causing him to fall on a driveway. He suffered a stroke; was rushed to the ER and spent time in hospitals, then at Atria before returning home.

While he was at Atria I searched for a group program. Not a psychology therapy type but one which was more of fun. Divine Providence stepped in and a friend told me about the Adult Day Care Program at Magnolia. I registered him there and within a few days of returning home from Atria, he started attending the program.

On returning home after his first day at Magnolia Center, he seemed very happy. That was the start of him spending many months enjoying the time spent with the staff and other attendees in the excellent, structured daily program. As the weeks progressed into months he asked if he could increase the 3 days a week to 5 days. That was not possible because he still had numerous medical/therapy appointments.

My husband would definitely have gone into a depressed state were he to have had a caregiver. That would have confined him to the house. It's the interaction with others and varied activities that are really important for him. And I'm fairly sure for the other program attendees as well.

I sincerely hope your council finds a way to continue with the program. It is an important one for the mental, emotional and physical well being of the seniors participating in it. I cannot stress enough the importance of continuing the program

Thank you for hearing me.

Sincerely,

Marie Fernandez



From: [Deborah Meckler](#)
To: [All Council](#); [All at City Clerk's Office](#)
Subject: PLEASE provide senior services at the Magnolia Center
Date: Monday, May 18, 2020 12:12:33 PM

I understand that you are considering the budget for the coming year, and I wanted to make sure you know how important the Senior services are that are provided at the Magnolia Center.

I have my sister, who has Alzheimer's, in the Adult Day Care at the Magnolia Center. This not only provides socialization and enrichment activities for her, it provides me, as her caregiver, a needed respite as well as the ability to get things done while knowing that she is in good hands. You can't imagine how necessary this is for both of us.

Thank you for your consideration in this matter.

Deborah Meckler

[REDACTED]

[REDACTED]

South San Francisco

[REDACTED]

From: [Joanne](#)
To: [All Council](#)
Cc: [All at City Clerk's Office](#)
Subject: Magnolia Senior Center
Date: Monday, May 18, 2020 12:34:19 PM

Dear SSF Council Members,

I am writing to you all to let you know that the Magnolia Senior Center is an asset to our Senior Community.

I live and work in South San Francisco and my mother participates at the Magnolia Senior Center. This center provides a safe place for my mother to socialize, exercise and be creative. If we did not have a place like this, our seniors would not have a safe place to go. I do not want my mother to walk around the mall and be a possible victim of a purse snatching and get injured in the process. She has no other place to go.

The Magnolia Center has highly skilled employees that take great care of our Seniors. They ensure our Seniors receive a healthy meal each day as well. Please continue the valuable program!

Sincerely,
Joanne LosBanos
[REDACTED]
South San Francisco, Ca 94080
[REDACTED]

Sent from my iPhone

From: [klsween](#)
To: [All at City Clerk's Office](#)
Subject: Magnolia Center
Date: Monday, May 18, 2020 12:45:16 PM

I have attended Alzheimer's Support group at Magnolia Center for 10 years and hope you will reopen the facility. The daycare center is respite for Alzheimer caregivers as well as the participants.

As I walk up to the 3rd floor, I see so many senior citizens engaged in meaningful social activities.

Please give serious thought to keeping the Magnolia Center open for the invisible and vulnerable seniors in SSF.

Thank you

Ken Sweeney

Sent via the Samsung Galaxy S7, an AT&T 4G LTE smartphone

From: [Patea, Marie](#)
To: [All at City Clerk's Office](#)
Subject: FW: Please continue the YOGA class at Magnolia Center
Date: Monday, May 18, 2020 1:16:11 PM

From: [REDACTED]
Sent: Sunday, May 17, 2020 7:05 PM
To: All Council <Council@ssf.net>
Subject: Please continue the YOGA class at Magnolia Center

A very important source for seniors to maintain good health is staying active. YOGA plays a very important role in seniors' agility, balance, overall mental health state, et cetera.

It is very much valued by yoga students to have the continuation of this class. Yes, we all face difficult & changing times; thus, your consideration of keeping YOGA, is important.

Rosalind

From: [Patea, Marie](#)
To: [Acosta, Rosa](#)
Subject: FW: Magnolia Senior Center
Date: Monday, May 18, 2020 12:34:04 PM

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

From: Barbara Ferguson [REDACTED]
Sent: Monday, May 18, 2020 12:13 PM
To: All Council <Council@ssf.net>
Subject: Magnolia Senior Center

Please keep the Magnolia Senior Center open. It is so important and necessary for many of our seniors. Especially the Adult Day Care for helping caregivers get some respite.
Thank you,
Barbara Ferguson

From: [Patea, Marie](#)
To: [All at City Clerk's Office](#)
Subject: FW: South San Francisco Adult Day Care Program
Date: Monday, May 18, 2020 1:16:32 PM

From: Melanie Burchard [REDACTED]
Sent: Monday, May 18, 2020 12:16 AM
To: All Council <Council@ssf.net>
Cc: [REDACTED]
[REDACTED]
Subject: South San Francisco Adult Day Care Program

Dear South San Francisco City Council Member,

I am writing in support of the South San Francisco Adult Day Care Program at the Senior Center at 400 Grand Avenue. It is impressive that the City of South San Francisco has operated the program for the past 34 years, providing a valuable resource for residents of San Mateo County.

Social isolation has such negative consequences for people, especially seniors, and our family is thankful that our mother has had the opportunity to go to the South San Francisco Adult Day Care Program during the day to attend a well-run program that helps us keep our mother healthy and socially engaged. She has participated in healthy activities during the day, such as exercise with music, sing-a-longs, art activities and games. The hot lunch is a treat for her and keeps her healthy. The staff are all attentive and helpful and they are like family to her.

The South San Francisco Adult Day Care Program is an important program for seniors and contributes to their well-being, and we hope that the program will continue. We support the decision to ensure the health of our community by following the health department guidelines, and we believe that this can be accomplished while also continuing this important Adult Day Care Program operated by the City of South San Francisco.

Respectfully,

Melanie Los Banos Burchard

From: [Patea, Marie](#)
To: [All at City Clerk's Office](#)
Subject: FW: Magnolia Day care Center
Date: Monday, May 18, 2020 1:43:03 PM

From: Ethel Wallace [REDACTED] >
Sent: Monday, May 18, 2020 1:34 PM
To: all-co@ssf.net; All Council <Council@ssf.net>
Cc: [REDACTED]
Subject: Magnolia Day care Center

Dear Council,
Please do not close the Alzheimer's Day Care Center of Magnolia Senior Center.

I don't know what I would have done with out a facility like the Day Care Center when my husband was suffering. (as was I)

The care of those involved was so important to their well being and that of the caregivers. They feel safe, loved and socially involved.

Thank You for considering my thoughts and hopes.

Ethel Wallace, Caregiver of 13 years.

From: [Patea, Marie](#)
To: [All at City Clerk's Office](#)
Subject: FW: Day Care at Magnolia Center
Date: Monday, May 18, 2020 1:43:18 PM

From: Sophia Fegan [REDACTED]
Sent: Monday, May 18, 2020 1:32 PM
To: All Council <Council@ssf.net>
Subject: Day Care at Magnolia Center

To whom it may concern:

I attended the Alzheimer's Support Group at the Center. Many of my fellow caregivers had loved ones as Day Care clients. It made such a difference in the quality of life for both the patient and the caregiver.

Closing the Day Care would result in much suffering.

Please keep the Day care open.

Sophia Fegan
[REDACTED]

Sent from my iPhone

From: [Patea, Marie](#)
To: [All at City Clerk's Office](#)
Subject: FW: Important: Budget Discussion 5/18 (SSF Adult Day Care Program)
Date: Monday, May 18, 2020 1:49:43 PM

From: Melissa [REDACTED]
Sent: Monday, May 18, 2020 9:46 AM
To: All Council <Council@ssf.net>
Subject: Important: Budget Discussion 5/18 (SSF Adult Day Care Program)

Dear South San Francisco Council Member,

I am writing on behalf of my Mother, Father and brothers and sisters. My Mother is a Participant of the Magnolia Senior Center Adult Day Care Program ([601 Grand Avenue, SSF, CA](#)) and we strongly feel this program is essential. Our Mother has enjoyed this well run structured program with Marianna and Kelly - and day to day - facilitation and care from Lillian, Evangeline and Christina. Our Mother has met friends through this great program. It is wonderful for her holistic well being - mind, body and spirit. We have noticed a significant improvement in her health since joining SSF Adult Day Care Program. When we pick her up she is smiling, happy and she is excited to tell us about her day. Not only does she exercise, but she creates art work, listens to music, and gets a healthy meal.

Please continue this great program and include it in your budget planning discussions today. We understand the priority is to maintain a healthy community. We support this goal as well and we are hopeful there is a way to continue this much needed program in a a healthy and safe way.

All of us children grew up in South San Francisco and we love this city! Please keep this great program so our elders will have a wonderful place to enjoy their golden years.

Warm Regards,
Melissa Los Banos Ward

Sent from my iPhone