

# **ALLICE Kumares & Kumares**

**ALLIANCE FOR COMMUNITY EMPOWERMENT**  
*in collaboration with*

**The City of South San Francisco**

# Definition of Abuse

Intimate partner violence (IPV), dating abuse, or relationship abuse is a **pattern of behaviors where one partner asserts power and control over the other through coercion, fear and intimidation, including the threat or use of violence.**



# Forms of Domestic/Intimate Partner Abuse

- Physical
- Emotional/Psychological
- Financial/Economic
- Sexual
- Spiritual/Religious
- Stalking/Cyberstalking
- Neglect
- Self-Neglect
- Abandonment
- Isolation

# Facts about Intimate Partner Abuse



Occurs among:

- all genders
- **every community** regardless of age, economic status, race, religion, ethnicity or nationality, sexual orientation, or educational background.
- heterosexual or same-sex couples



# Facts about Intimate Partner Abuse



Lifelong consequences include:

- emotional trauma,
- lasting physical impairment,
- chronic health problems, and even death.

**\*\*Therefore, is not a personal issue, it's a community issue.**

**First step:** Charming the victim

**Second step:** Isolating the victim

Cycle of Abuse

Tension building phase

Explosion phase

Honeymoon phase

# **Creating a Personalized Safety Plan**

- For those in abusive relationships
- For those who are considering leaving
- For those who left

- Recognizing signs of abusive behavior can prevent someone from entering an abusive relationship
- Having a safety plan can save lives



Arigato  
Maake Cam on ban  
Welalin Vinaka Ua Tsaug Rau Koj  
Chokrane Kia Ora Grazie Dank Je Maake  
Danke Obrigado Arigato  
Maake Merci Kia Ora  
Spasibo Maake Kiitos Maake Dankon  
Kia Ora Maake Asante Juspaxar Maake Kiitos  
Dank Je Multumesc Maake Chokrane Mamana  
Dankon Maake Grazie Salamat  
Matondo Arigato Dank Je