



## The City of South San Francisco

Office of the City Clerk  
400 Grand Avenue  
South San Francisco, CA 94080  
(650) 877-8518

### BOARDS AND COMMISSIONS APPLICATION

APPLYING FOR <i>(more than one may be selected)</i>	
<input type="checkbox"/>	<b>Bicycle and Pedestrian Advisory Committee*</b> <i>*Must be a resident of/for employed in South San Francisco</i>
<input type="checkbox"/>	<b>Conference Center Authority -Business Representative</b> <i>*Must represent a Business in South San Francisco</i> Business Name: _____
<input type="checkbox"/>	<b>Conference Center Authority -Community Representative</b>
<input type="checkbox"/>	<b>Conference Center Authority -Hotel Representative*</b> <i>*Must represent a Hotel in South San Francisco</i> Hotel Name: _____
<input type="checkbox"/>	<b>Cultural Arts Commission</b>
<input type="checkbox"/>	<b>Equity and Public Safety Commission</b>
<input checked="" type="checkbox"/>	<b>Housing Authority</b>
<input type="checkbox"/>	<b>Housing Authority Tenant Commission*</b> <i>*Must be a resident of the Housing Authority</i>
<input type="checkbox"/>	<b>Library Board</b>
<input type="checkbox"/>	<b>Measure W Citizens' Oversight Committee</b>
<input type="checkbox"/>	<b>Parking Place Commission</b>
<input type="checkbox"/>	<b>Parks &amp; Recreation Commission</b>
<input type="checkbox"/>	<b>Planning Commission</b>
<input type="checkbox"/>	<b>Traffic Safety Commission</b>

APPLICANT INFORMATION	
Full Name:	Penate Claudia M.
	<small>Last First M.I.</small>
Address:	<div>_____ District: 5/SSFHA</div> <div><small>Street Address (Select One)</small></div> <div>South San Francisco Ca 94080</div> <div><small>City State ZIP Code</small></div>
Telephone:	<div>_____ Email: _____</div> <div>_____</div>



## The City of South San Francisco

Office of the City Clerk  
400 Grand Avenue  
South San Francisco, CA 94080  
(650) 877-8518

### SUPPLEMENTAL QUESTIONNAIRE

Why are you interested in serving as a Boards and Commissions member? What do you feel you could contribute?

I am passionate about advocating for the people who are unable to; my neighbors/my community. I am a resident of the housing authority and I have the best interest in my friend for this community and all that it is trying to become. I have attended tenant meetings and am active in the community. I also attend City Council meetings and like to be a voice for representation of this community. I have the time, leadership skills and the knowledge to become an active participant of this commission. As a single Mom by choice and also living in the Housing Authority, I want to help make that change and also help provide additional opportunities to help us grow. As a resident, I have first-hand knowledge of what is really needed where I live and I feel that having actual resident representation on the board will help others get a better picture of what can/cannot help this community.

What qualifies you for this appointment?

I am a resident of the Housing Authority. I have been for the last three years. I also assist the Executive Director, Leah Taylor with community concerns and tenant meetings as needed. I advocate for improvement of Health and Safety for my fellow neighbors. I helped advocate for lead testing and also addressing the Carbon Monoxide testing which led to receiving the community grant of \$3M to help improve our quality of life and for the future of the SSFHA /City of South San Francisco. As a tenant, I regularly attend the board meetings and city council meetings to be kept up in what are the current concerns and also to help continue to support current concerns and programs available to us. Another would be as a Mom, I fully support the Youth programs available and in hopes that those youth programs are continued for years to come as we have seen first-hand how that helps the future of the children of this community.

What is your vision for growth in South San Francisco?

To support the vision of the Housing Authority to help expand housing opportunities to those in need. To continue to provide a safe neighborhood for all. I will continue to advocate for the continued safety of our residents such as backing up programs that helped with installment of the peripheral fences and also the installment of more cameras and for more lighting posts for added safety. Encourage more community building events. Continuing to support the youth programs (i.e. summer training programs) Also, continue more senior support. I want to improve the quality of life for current and future neighbors to come.



## The City of South San Francisco

Office of the City Clerk  
400 Grand Avenue  
South San Francisco, CA 94080  
(650) 877-8518

### SUPPLEMENTAL QUESTIONNAIRE

What community activities are you presently involved in, or have been in the past?

I have participated in SSF clean up day.  
I attend the monthly tenant meetings and also the City Council meetings at City Hall. I attend the annual Night Out event held in our community. I also help ED, Leah Taylor with assisting with grants. I am a Nurse by trade and work in Maternal Health so I also help low income pregnant mothers with education and labor preparation and support. I am part of neighborhood response team and neighborhood watch.

Are you currently receiving any form of compensation from the City for work performed? ☐ YES ☒ NO

If yes, please explain: \_\_\_\_\_

Do you have any relatives serving on Council, Boards, Commissions, or Committees or are otherwise employed by the City of South San Francisco? ☐ YES ☒ NO

Name: \_\_\_\_\_ Position: \_\_\_\_\_ Relationship: \_\_\_\_\_

### WORK EXPERIENCE

Employer: Self employed City: SSF

Job Title: Birth worker/doula From: 2021 To: Present

Responsibilities: provide education, support for families prenatally through pregnancy, labor, birth and postpartum. develop birth

birth plans and advocate for patients preferences during hospitalization and home births. Collaborate with medical teams to help ensure

collaborative, seamless and respectful care.

Employer: Mission Hospice City: San Mateo

Job Title: Hospice Nurse From: 2017 To: 2021

Responsibilities: Care for the terminally ill. Guide patients and their families through the natural process of death by providing

compassionate care, guidance and education. Provide palliative and hospice care. Working in conjunction

with integrative team to provide a holistic care all around.



**The City of South San Francisco**

Office of the City Clerk  
400 Grand Avenue  
South San Francisco, CA 94080  
(650) 877-8518

**EDUCATION**

School: Gurnick Academy of Sciences City: San Mateo  
From: 2015 To: 2017 Degree: Nursing

School: Unitek College City: Fremont  
From: 2017 To: 2018 Degree: AS In Nursing

**DISCLAIMER AND SIGNATURE**

Signature: \_\_\_\_\_

Date: June 3, 2025

*I certify that, to the best of my knowledge, all statements in this application are complete and true. I agree and understand that any mis-statement of material fact will cause me to forfeit all rights to appointment to a Commission, Board, or Committee with the City of South San Francisco.*

*Applications are accepted on a continuous basis and will remain valid 1 year from the date of submission. If you are selected to serve on a Board or Commission, you may be required to file an Annual Statement of Economic Interest (FPPC Form 700) and bi-annual Ethics Training (AB1234).*

**OFFICIAL USE ONLY**

Submission Date:	Received By:
------------------	--------------

CLAUDIA PENATE  
[REDACTED]  
SOUTH SAN FRANCISCO, CA. 94080  
[REDACTED]

## PROFESSIONAL SUMMARY

Compassionate and experienced healthcare professional with a strong background in nursing and birth work. Skilled in patient-centered care, palliative and hospice care, labor and delivery support, prenatal and postpartum education and family advocacy. Known for creating calm,empowering birth experiences and providing holistic care throughout the perinatal journey.

## KEY SKILLS

- Labor and Delivery support
- Prenatal and Postpartum care and education
- Patient Advocacy
- Birth Planning
- Medical documentation
- Breastfeeding support
- Emergency response CPR/BLS Certified
- HIPAA Compliance
- Collaborative Healthcare Teamwork approach
- Palliative and Hospice support and education
- Child Birth Facilitation

## PROFESSIONAL EXPERIENCE

Certified Birth Doula/Postpartum Doula/Child Birth Educator  
Independent Practice  
DOULA CLAUDIA PENATE  
BAY AREA  
July 2021- Present

- Provide emotional and physical support for families prenatally through labor, birth and postpartum
- Develop customized birth plans and advocate for clients preferences during hospital and home births.
- Support breastfeeding initiation and early bonding postpartum
- Collaborate with midwives, OB-GYNS and nurses to ensure a collaborative, seamless and respectful care.

Licensed Vocational Nurse  
Mission Hospice and Palliative Care  
Hospice Nurse/Triage/Field  
San Mateo, Ca  
2016-2020

- Provided palliative and hospice care
- Educated and supported families of patients
- Worked in conjunction with integrative health team to deliver a holistic care all around
- Delivered compassionate care throughout
- Charge nurse
- Maintained accurate and confidential records in compliance with HIPAA standards
- Delivered patient clinical care throughout
- Home visits
- Admissions and discharges
- Disposal of medications

SMITH INTERGRATIVE ONCOLOGY  
2000-2012  
SAN FRANCISCO,CA

- Ran all of back office/clinic
- Monitored all patients receiving chemotherapy
- Ordered all med supplies and chemotherapy meds
- Provided all patient care
- Responsible for all clinical referrals ( homecare/hospice)
- Vital signs
- Removal of all IV bags and IV sites throughout chemo treatment
- Provided compassionate care throughout
- Occasional front desk support
- Chemotherapy prior authorizations
- Maintained all chemo flow charts current and up to date
- Administered injections

## EDUCATION

Unitek College  
AS in Nursing  
Fremont, Ca  
2017

Gurnick Academy of Sciences  
Licensed Vocational Nurse  
San Mateo, Ca  
2015

## CERTIFICATIONS

LICENSED VOCATIONAL NURSE( #609409- CALIFORNIA)

BASIC LIFE SUPPORT (BLS)- AMERICAN HEART ASSOCIATION



Birth and Postpartum Doula Trainings  
Natural Resources of San Francisco  
2021

Child Birth Facilitator  
Cornerstone Training- San Francisco  
2022

BODY READY METHOD EDUCATOR  
2022

SPINNING BABIES WORKSHOP  
2021

LANGUAGES  
• ENGLISH (FLUENT)  
• SPANISH (FLUENT)