



SSF Parks and Recreation Department
(650) 829-3800
web-rec@ssfca.gov
www.ssfca.gov/PandREvents





July 2026 | Happy National Parks & Recreation Month!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Join us throughout July for a variety of free community programs offered on a first-come, first-served basis. Follow us on social media as we celebrate South San Francisco's Parks and Recreation staff, programs, and parks!			1 4 th of July Craft Activity Bocce	2 Free Haircuts for Men (Ages: 50Y & up) Bocce	3 CLOSED	4  Join this special event!
5 Get outdoors and visit a Park in South San Francisco!	6 Drop-in: Zumba with Stephanie King!	7 Animal City Mini Activity Book Animal City Mini Storybook Making Crayon Suncatchers and more!	8 Bocce Private Piano Lessons *Registration required*	9 Galaxy Jar Craft Activity Storytellers on Stage Bocce Drop-in: Zumba Gold-Tone	10 Senior Dancing Senior Chair Yoga Stargazing with Josh! "Free to Be.. Me" Art Show Opening Weekend	11
12 Open Gym (Badminton/Basketball) Rythm & Roots	13	14 Page to Stage Senior Social Dance Drop-in: Zumba Private Piano Lessons *Registration required*	15 Bocce Private Piano Lessons *Registration required*	16 Storytellers on Stage Galaxy Jar Craft Bocce	17 South City Folk Jam Movie Night in the Park at Orange Park Senior Social Dance	18 Hawaiian Hula for Beginners Activity Nook (Ages: 50Y & Up)
19 Get outdoors and visit our Sculpture Garden located at Orange Memorial Park!	20 Drop-in: Zumba with Stephanie King!	21 Animal Painting Craft Activity for Tots Petal Pop Painting Sports Painting for Kids and more!	22 Bocce Tai Chi Chuan (Ages: 50Y & up) Flamenco Dance - Exploring the Basics and more!	23 Storytellers on Stage 24KMagical Mid-Day Movement Bocce Drop-in: Zumba Gold-Tone All Drop-in Programs at Orange Pool	24 Senior Social Dance Senior Chair Yoga All Drop-in Programs at Orange Pool	25
26 All Drop-in Programs at Orange Pool	27	28 Snip, Stick, and Create *Registration required* Private Piano Lessons *Registration required*	29 Storybook Crafts *Registration required* Bocce Private Piano Lessons *Registration required*	30 Tear, Create, & Tell a Story Activity for Tots *Registration required* 24K Magical Mid-Day Movement Bocce	31 Drop-in: Zumba with Stephanie King!	



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AQUATICS

ORANGE POOL

1 WEST ORANGE AVENUE | SOUTH SAN FRANCISCO

(650) 875-6973 | WWW.SSFCA.GOV/AQUATICS

All Drop-In Programs at Orange Pool:

Free admission to Adult Lap Swim, Adult Recreation Swim, Open Recreation Swim, and Baby/Parent Swim.

Dates: Thursday, July 23 | Friday, July 24 | Sunday, July 26

Time	Activity
5:30 a.m. - 7:30 a.m.	Lap Swim
10:10 a.m. - 12:00 p.m.	Adult Recreation Swim
12:15 p.m. - 1:45 p.m.	Open Recreation Swim
2:00 p.m. - 3:00 p.m.	Baby/Parent Recreation Swim

**Admission may be
denied if the pool is
at full capacity.**





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PRESCHOOL AGE

(650) 829-3800 | WWW.SSFCA.GOV/CLASSES

4th of July Paper Plate Flag

Wednesday, July 1 | 1:00 p.m. – 2:00 p.m.

Ages: 3-5

Instructor: Joanne Desmond

Location: Alice Peña Bulos Center – Small Activity Room

Let's celebrate America's 250th anniversary by making your own paper plate flag. Create your very own paper plate flag while exploring colors, shapes, and creativity in a hands-on environment. This patriotic art project is perfect for little learners and a great way to celebrate the spirit of the Fourth of July. All materials are included.

First come, first served to the first 8 participants.

Animal City Mini Activity Book

Tuesday, July 7 | 9:30 a.m. – 10:30 a.m.

Ages: 3-5

Instructor: Bella Leggero

Location: Library | Parks & Recreation Center – Children's Classroom #236

Step into a fun city full of animals, imagination, and storytelling where artists will create their own mini storybooks inspired by animal cities, friendly characters, and everyday adventures. Students will draw, color, and design their pages while learning how to build a simple story from beginning to end, encouraging imagination, character creation, and storytelling through art. Must be potty-trained. **First come, first served to the first 12 participants.**

Crayon Suncatchers

Tuesday, July 7 | 1:00 p.m. – 2:00 p.m.

Ages: 3-5

Instructor: Joanne Desmond

Location: Alice Peña Bulos Center – Small Activity Room

Come in and make your own suncatcher out of melted crayons. Brighten your day with a colorful melted crayon art project! Little artists will create their own unique suncatcher using melted crayons to design vibrant patterns that shine beautifully in the sunlight. This fun, hands-on craft encourages creativity and sensory exploration while making a keepsake to take home. All materials are included. **Limited to the first 8 participants.**



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PRESCHOOL AGE

(650) 829-3800 | WWW.SSFCA.GOV/CLASSES

Galaxy Jar

Thursday, July 9 | 1:00 p.m. - 2:00 p.m.

Ages: 3-5

Instructor: Joanne Desmond

Location: Alice Peña Bulos Center - Small Activity Room

Blast off into creativity by making your very own galaxy in a jar! You'll use colorful materials, sparkles, and imagination to create a swirling miniature universe you can take home. This fun, hands-on craft encourages creativity and sensory play while introducing little learners to the wonders of space. All materials are included. **First come, first served to the first 8 participants.**

Registration required?

Registration opens Monday, July 6 at 6:00 a.m. online at www.ssfca.gov/rec-catalog. In-person registration will also be available during regular business hours at the Recreation Administrative Office, located at 901 Civic Campus Way, Monday through Friday from 8:00 a.m. to 5:00 p.m.

Animal Painting

Tuesday, July 21 | 9:30 a.m. - 10:30 a.m.

Ages: 3-5

Instructor: Bella Leggero

Location: Library | Parks & Recreation Center - Children's Classroom #236

Get creative with colorful animal-inspired art as little artists paint playful creatures, explore fun colors, and use their imagination! This cheerful class encourages creativity, painting practice, and hands-on artistic fun. Must be potty-trained. **First come, first served to the first 8 participants.**

Snip, Stick, and Create!

Tuesday, July 28 | 10:00 a.m. - 11:00 a.m.

Ages: 4-5

Instructor: Noreen Cronin-Flynn

Location: Library | Parks & Recreation Center - Children's Classroom #236

Students will learn scissor safety, practice cutting lines and shapes, and explore guided and free-cutting activities. They will also learn proper glue stick and liquid glue techniques. Last, students will create an art & craft item that showcases their new and improved skills. Imagination is limitless! Limited to 6 participants (or the first 6 participants).

Pre-registration required at www.ssfca.gov/rec-catalog. Registration opens Monday, July 6, 2026. Course code: Free-105.



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PRESCHOOL AGE

(650) 829-3800 | WWW.SSFCA.GOV/CLASSES

Storybook Crafts

Wednesday, July 29 | 4:00 p.m. – 5:00 p.m.

Ages: 4-5

Instructor: Noreen Cronin-Flynn

Location: Library | Parks & Recreation Center – Children's Classroom #236

Children will enjoy listening to an engaging, age-appropriate tale. Following, there will be a guided discussion about the main characters and events. Lastly, students will create a story inspired by paper craft using materials of papers, markers, crayons, scissors, and glue. This builds fine motor strength, hand-eye coordination, spatial awareness, and creativity. The takeaway encourages and support a child's journey in beginning literacy and exploring imagination. Limited to 6 participants.

Pre-registration required at www.ssfca.gov/rec-catalog. Registration opens Monday, July 6, 2026. Course code: Free-106.

Tear, Create, and Tell a Story

Thursday, July 30 | 4:00pm – 5:00 p.m.

Ages: 4-5

Instructor: Noreen Cronin-Flynn

Location: Library | Parks & Recreation Center – Children's Classroom #236

Students will listen to an engaging age-appropriate tale. They will review the main theme and characters. Following, students will learn and create a craft via paper tear art technique and glue application. This activity builds fine motor strength, hand-eye coordination, spatial awareness, and creativity. The takeaway is to encourage and support a child's journey in beginning literacy and imagination. Limited to 6 participants.

Pre-registration required at www.ssfca.gov/rec-catalog. Registration opens Monday, July 6, 2026. Course code: Free-107.

Animal City Mini Storybook Making

Tuesday, July 7 | 10:45 a.m. – 11:45 a.m.

Ages: 6-9

Instructor: Bella Leggero

Location: Library | Parks & Recreation Center – Children's Classroom #236

Step into a fun city full of animals, imagination, and storytelling where artists create their own mini storybooks inspired by animal cities, friendly characters, and everyday adventures. Students will draw, color, and design their pages while learning how to build a simple story from beginning to end, encouraging imagination, character creation, and storytelling through art.

Limited on a first come, first served basis.

Registration required? Registration opens Monday, July 6 at 6:00 a.m. online at www.ssfca.gov/rec-catalog. In-person registration will also be available during regular business hours at the Recreation Administrative Office, located at 901 Civic Campus Way, Monday through Friday from 8:00 a.m. to 5:00 p.m.



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SCHOOL AGE RECREATION CLASSES

(650) 829-3800 | WWW.SSFCA.GOV/CLASSES

Stencil Painting

Tuesday, July 7 | 12:00 p.m. – 1:00 p.m.

Ages: 6–9

Instructor: Bella Leggero

Location: Library | Parks & Recreation Center – Children’s Classroom #236

Discover the fun of painting with stencils! Young artists will use playful shapes, patterns, and themed stencil designs to create colorful layered artwork. This class helps students explore texture, composition, and color while making their own unique masterpiece. **Limited on a first come, first served basis.**

Sports Painting

Tuesday, July 21 | 10:45 a.m. – 11:45 a.m.

Ages: 6–9

Instructor: Bella Leggero

Location: Library | Parks & Recreation Center – Children’s Classroom #236

Have a favorite sport? Get creative with action-packed paintings inspired by basketball, soccer, dancing, baseball, and more as artists create colorful sports-themed artwork full of energy and fun! This class encourages creativity, imagination, and hands-on painting practice. **Limited on a first come, first served basis.**

Rhythm and Roots

Sunday, July 12, 2026 | 2:30 p.m. – 4:00 p.m.

Monday, July 13, 2026 | 1:30 p.m. – 3:00 p.m.

Ages: 9–12

Instructor: Nerinna Valera

Location: Library | Parks & Recreation Center – Children’s Classroom #236

Children will explore the music and movement of the Philippines through folk songs, drumming, xylophone playing, and dance. Students will learn basic drumming techniques, play simple Filipino folk melodies, and build rhythm and teamwork skills while performing together as a musical ensemble. They will also learn basic Tagalog vocabulary through song. All instruments are provided. **Limited to the first 12 students.**



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YOUTH-PRE-TEEN AGE RECREATION CLASSES

(650) 829-3800 | WWW.SSFCA.GOV/CLASSES

Storytellers on Stage

Thursday, July 9 | 12:00 p.m. – 1:00 p.m.

Thursday, July 16 | 12:00 p.m. – 1:00 p.m.

Ages: 9-12

Instructor: Ameen Safi

Location: Library | Parks & Recreation Center – Exercise Room #235

Unleash your creativity and step into the world of acting! This fun and interactive class introduces young performers to the basics of acting through improv games, character exploration, and short scenes. Students will build confidence, enhance teamwork skills, and discover the joy of storytelling on stage. Perfect for beginners or those looking to expand their creative horizons, this class encourages playfulness, public speaking, and imagination in a supportive environment. **Limited on a first come, first served basis.**

Page to Stage

Tuesday, July 14 | 12:30 p.m. – 1:30 p.m.

Tuesday, July 21 | 12:30 p.m. – 1:30 p.m.

Ages: 9-12

Instructor: Ameen Safi

Location: Library | Parks & Recreation Center – Children's Classroom #236

In this creative writing class, students explore poetry, short stories, playwriting, and other forms while developing their unique voice. Using prompts and activities, they learn to turn ideas into expressive work. Participants read their pieces aloud to understand tone, emotion, and audience impact. The class builds confidence, creativity, and storytelling skills in a supportive environment.

Limited on a first come, first served basis.

Petal Pop Painting

Thursday, July 16 | 12:00 p.m. – 1:00 p.m.

Ages: 10-13

Instructor: Bella Leggero

Location: Library | Parks & Recreation Center – Children's Classroom #236

Create a painting inspired by colorful fireworks and blooming flowers! Artists will use fun painting techniques to design bright bursts of petals, sparkling skies, and layered floral patterns. This creative class encourages imagination, color exploration, and expressive brushwork while making a vibrant masterpiece full of energy and fun. **Limited on a first come, first served basis.**



July 2026 | Happy National Parks & Recreation Month!



ADULT RECREATION CLASSES

(650) 829-3800 | WWW.SSFCA.GOV/CLASSES

MUSIC

South City Folk Jam: Drop In!

Ages: 15Y & Up

Instructor: Mark Cox

Location: Library | Parks & Recreation Center - Exercise Room #235



The South City Folk Jam is a gathering of musicians of all skill levels who meet twice a month to have fun playing traditional and contemporary folk music together. So if you play any type of folk instrument such as (acoustic guitar, ukulele, banjo, mandolin, etc.) –or if you like to sing–come out and join the band! Songbooks will be provided.

All songs are fairly easy to play and as long as you know your basic chords (G, C, D, E, em, A, am, F, B7, bm) you'll do great. Mark Cox has been teaching guitar and leading group singing for over 25 years and believes in the power of music to bring people together.

Space is limited on a first come, first served basis.



Date	Time
Saturday, 7/11	3:00 p.m. - 5:00 p.m.
Friday, 7/17	3:00 p.m. - 5:00 p.m.



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ADULT RECREATION CLASSES

(650) 829-3800 | WWW.SSFCA.GOV/CLASSES

MUSIC

Private Piano Lessons

Ages: 15Y & Up

Instructor: Frank Greco

Location: Library | Parks & Recreation Center – Music Room #226

Have you ever wanted to try piano lessons, but weren't sure if they were right for you? Now is your chance! Register for a free private piano lesson. With more than 40 years of experience teaching piano and music theory, Frank has mentored both beginning and advanced students in Classical, Jazz, and Gospel piano. **Please note:** Participants may register for only one private piano lesson time slot. Pre-registration required at www.ssfca.gov/rec-catalog. **Registration opens Monday, July 6, 2026.**

Registration required?

Registration opens Monday, July 6 at 6:00 a.m. online at www.ssfca.gov/rec-catalog. In-person registration will also be available during regular business hours at the Recreation Administrative Office, located at 901 Civic Campus Way, Monday through Friday from 8:00 a.m. to 5:00 p.m.

Class Code	Date	Time
Free-120	Tuesday, 7/14	10:00 a.m.-10:30 a.m.
Free-121	Tuesday, 7/14	10:30 a.m.-11:00 a.m.
Free-122	Tuesday, 7/14	11:00 a.m.-11:30 a.m.
Free-123	Tuesday, 7/14	11:30 a.m.-12:00 p.m.
Free-124	Tuesday, 7/14	12:15 p.m.-12:45 p.m.
Free-125	Tuesday, 7/14	12:45 p.m.-1:15 p.m.

Class Code	Date	Time
Free-126	Wednesday, 7/15	10:00 a.m.-10:30 a.m.
Free-127	Wednesday, 7/15	10:30 a.m.-11:00 a.m.
Free-128	Wednesday, 7/15	11:00 a.m.-11:30 a.m.
Free-129	Wednesday, 7/15	11:30 a.m.-12:00 p.m.
Free-130	Wednesday, 7/15	12:15 p.m.-12:45 p.m.
Free-131	Wednesday, 7/15	12:45 p.m.-1:15 p.m.



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ADULT RECREATION CLASSES

(650) 829-3800 | WWW.SSFCA.GOV/CLASSES

MUSIC - CONTINUED

Private Piano Lessons

Ages: 15Y & Up

Instructor: Frank Greco

Location: Library | Parks & Recreation Center - Music Room #226

Please note: Participants may register for only one private piano lesson time slot. Pre-registration required at www.ssfca.gov/rec-catalog. **Registration opens Monday, July 6, 2026.**

Registration required? Registration opens Monday, July 6 at 6:00 a.m. online at www.ssfca.gov/rec-catalog. In-person registration will also be available during regular business hours at the Recreation Administrative Office, located at 901 Civic Campus Way, Monday through Friday from 8:00 a.m. to 5:00 p.m.

Class Code	Date	Time
Free-132	Tuesday, 7/21	10:00 a.m.-10:30 a.m.
Free-133	Tuesday, 7/21	10:30 a.m.-11:00 a.m.
Free-134	Tuesday, 7/21	11:00 a.m.-11:30 a.m.
Free-135	Tuesday, 7/21	11:30 a.m. - 12:00 p.m.
Free-136	Tuesday, 7/21	12:15 p.m.-12:45 p.m.
Free-137	Tuesday, 7/21	12:45 p.m.-1:15 p.m.
Free-138	Wednesday, 7/22	10:00 a.m.-10:30 a.m.
Free-139	Wednesday, 7/22	10:30 a.m.-11:00 a.m.
Free-140	Wednesday, 7/22	11:00 a.m.-11:30 a.m.
Free-141	Wednesday, 7/22	11:30 a.m. - 12:00 p.m.
Free-142	Wednesday, 7/22	12:00 p.m. - 12:30 p.m.
Free-143	Wednesday, 7/22	12:45 p.m.-1:15 p.m.

Class Code	Date	Time
Free-144	Tuesday, 7/28	10:00 a.m.-10:30 a.m.
Free-145	Tuesday, 7/28	10:30 a.m.-11:00 a.m.
Free-146	Tuesday, 7/28	11:00 a.m.-11:30 a.m.
Free-147	Tuesday, 7/28	11:30 a.m.-12:00 p.m.
Free-148	Tuesday, 7/28	12:15 p.m.-12:45 p.m.
Free-149	Tuesday, 7/28	12:45 p.m.-1:15 p.m.
Free-150	Wednesday, 7/29	10:00 a.m.-10:30 a.m.
Free-151	Wednesday, 7/29	10:30 a.m.-11:00 a.m.
Free-152	Wednesday, 7/29	11:00 a.m.-11:30 a.m.
Free-153	Wednesday, 7/29	11:30 a.m.-12:00 p.m.
Free-154	Wednesday, 7/29	12:15 p.m.-12:45 p.m.
Free-155	Wednesday, 7/29	12:45 p.m.-1:15 p.m.



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ADULT RECREATION CLASSES

(650) 829-3800 | WWW.SSFCA.GOV/CLASSES

DANCE

24K Mid-day Magical Movement

Thursday, July 23 and Thursday, July 30

Time: 12:30 p.m. – 1:30 p.m.

Ages: 18Y & Up

Instructor: Erchie Santos

Location: Library | Parks & Recreation Center – Exercise Studio #235

Introducing EASY foundational steps formatted to a popular Top 40 tune. Session one (July 23) will introduce the steps and simple movement patterns. Session two (July 30) will review the patterns and add options for personalizing the movement. Gain versatile steps you can use with countless melodies, boost your midday energy and shake off the noontime doldrums, while reducing stress, improving memory, and uplifting your mood. Revel in the magically invigorating advantages of Music and Movement!

During her 36-year performing arts career Erchie Santos worked with several local dance companies. ACE and ACSM certified, she also taught exercise for the SSF Parks and Recreation Department for several decades. In “Celebration” of Parks and Recreation month 2026, she looks forward to sharing the movement that has always stirred her soul. All levels welcome. **Space is limited on a first come, first served basis.**

Hawaiian Hula for Beginners

Saturday, July 18 | 9:00 a.m.–10:00 a.m.

Ages: 18Y & Up

Instructor: Mary Ann Narvaez

Location: Library | Parks & Recreation Center – Exercise Studio #235

Hawaiian Hula is a graceful dance form that uses movement and rhythm to tell stories. This beginner class covers basic steps, hand motions, posture, and easy choreography. No experience required, just the willingness to learn and dance.

Space is limited on a first come, first served basis.

Mary Ann is a resident of South San Francisco who has been avidly involved in the city’s Hula classes for over two decades. Bringing her enthusiasm and the Spirit of Aloha to the community, she has served as the hula dance instructor since 2021.



July 2026 | Happy National Parks & Recreation Month!



ADULT RECREATION CLASSES

(650) 829-3800 | WWW.SSFCA.GOV/CLASSES

EXERCISE CLASSES

Drop-In Zumba

Ages: 15Y & Up

Instructor: Stephanie King

Location: Library | Parks & Recreation Center
Refer to schedule for room locations.

Zumba® boosts cardiovascular fitness through a lively mix of Latin, Oldies, Big Band, and international music. This dynamic workout combines aerobic and interval training with varying rhythms to tone and sculpt your body. Bring water and a towel.

Space is limited on a first come, first served basis.

Date	Time	Room
Monday, 7/6	11:30 a.m. - 12:30 p.m.	Exercise Studio
Tuesday, 7/14	11:30 a.m. - 12:30 p.m.	Exercise Studio
Monday, 7/20	11:30 a.m. - 12:30 p.m.	Exercise Studio
Friday, 7/31	11:30 a.m. - 12:30 p.m.	Social Hall

Drop-In Zumba Gold-Tone

Instructor: Stephanie King

Location: Library | Parks & Recreation Center - Large Dance Studio #222

Zumba Gold is a lower-intensity and slower version of the typical Zumba class. It is designed for senior and older adults, the young at heart, those who want to begin exercising, and anyone who wants to burn calories and strengthen their muscles while enjoying a bit of a "boogie". The dance and fitness movements will improve your mental health and increase your self-esteem as you follow simple to more complicated dance movements. Following simple movements, you will condition and tone your body while benefiting from learning choreography and engaging in dance routines that will stimulate brain activity and memory recall. Come together to have fun as you enjoy an exhilarating workout! **Space limited on a first come, first served basis.**

Date	Time
Thursday, 7/9	11:00 a.m. - 12:00 p.m.
Thursday, 7/23	11:00 a.m. - 12:00 p.m.



July 2026 | Happy National Parks & Recreation Month!



SENIOR PROGRAMMING

(650) 829-3800 | WWW.SSFCA.GOV/SENIORS

Activity Nook

Saturday, July 18, 2026 | 9:00 a.m.–3:00 p.m.

Ages: 50Y & Up

Location: Roberta Cerri Teglia Center – 3rd Floor

Welcome to the Activity Nook, a delightful sanctuary designed for seniors seeking joy and engagement. Dive into an endless selection of puzzles that challenge and entertain, or immerse yourself in the soothing world of coloring, where every stroke brings vibrant art to life. For those who cherish a bit of friendly competition, our collection of classic board games promises countless hours of laughter and camaraderie. Whether you're seeking solitude or companionship, the Activity Nook is your haven for discovery, relaxation, and connection. **Space is limited on a first come, first served basis.**

Senior Chair Yoga

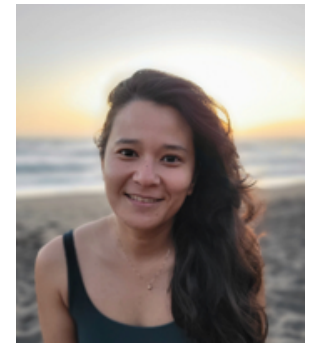
Ages: 50Y & Up

Location: Library | Parks & Recreation Center – Social Hall

Dates | Times:

- Friday, July 10, 2026 | 1:00 p.m. – 2:00 p.m.
- Friday, July 24, 2026 | 1:00 p.m. – 2:00 p.m.

Join us for Friday Chair Yoga classes designed for seniors, but open to all ages 18+. Taught by Aditi Sharma, CYT500. Enjoy gentle yoga for mobility and well-being. No prior experience required, all fitness levels welcome. **Space is limited on a first come, first served basis.**



Tai Chi Chuan (Seniors 50+)

Wednesday, July 22, 2026 | 10:00 a.m.–12:00 p.m.

Ages: 50Y & Up

Location: Roberta Cerri Teglia Center – 1st Floor

Discover the gentle power of movement with our Tai Chi Chuan class. This low-impact, evidence-based program promotes physical and mental well-being through slow, flowing movements that improve balance, flexibility, and strength, all while reducing stress and enhancing mindfulness. This class is perfect for seniors seeking a gentle yet effective way to stay active, improve their health, and enjoy a peaceful, meditative experience. Whether you're new to Tai Chi or returning to the practice, you will find a welcoming and supportive environment. **Space is limited on a first come, first served basis.**



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SENIOR PROGRAMMING

(650) 829-3800 | WWW.SSFCA.GOV/SENIORS

Senior Social Dance

Ages: 50Y & Up

Location: Library | Parks & Recreation Center Banquet Hall

Make new friends, stay active, and enjoy ballroom dancing in a fun, social environment. No partner or experience is required—just show up, move freely, and enjoy the music. All levels are welcome.

Date	Time
Tuesday, 7/21	10:00 a.m. - 1:00 p.m.
Thursday, 7/24	10:00 a.m. - 1:00 p.m.

Free Haircuts for Men 50+ (Seniors)

Thursday, July 2, 2026 | 10:30am-2:30pm

Ages: 50Y & Up

Location: Roberta Cerri Teglia Center – 1st Floor

Free haircuts for men aged 50 and up at the Roberta Cerri Teglia Center! Come and get your hair cut by our licensed barber, EK, every Thursday from 10:30 a.m. – 2:30 p.m. on the 1st floor. Reservations are required so please come by the Roberta Cerri Teglia Center or call (650) 829-3820 to make your reservation. **Reservations required! To reserve a spot, visit Roberta Cerri Teglia Center at 601 Grand Ave., 3rd floor or call (650) 829-3820.**

Appreciating Flamenco Dance Exploring the Basics

Wednesday, July 22, 2026

Time: 1:00pm-2:00pm

Ages: 50Y & Up

Location: Roberta Cerri Teglia Center – 3rd Floor

Join us for this special one-time class and discover the beauty and tradition of Flamenco dance! Participants will gain insight into the vocabulary and history of this rich and captivating art form. Very basic footwork and arm movement will be introduced. Participants will learn a simple dance pattern to a basic rhythm. No experience necessary. During her 36-year performing arts career Ernie Santos worked with several local dance companies. In the 90's, she was a featured company dancer with Theater Flamenco of S.F. ACE and ACSM certified, she also taught exercise for the SSF Parks and Recreation Department for several decades. To celebrate Parks and Recreation month 2026, she looks forward to sharing the dance form that has always stirred her body and soul. Closed toed shoes with a thick low heel recommended.

Space is limited on a first come, first served basis.



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SPORTS PROGRAMMING

(650) 829-3800 | WWW.SSFCA.GOV/SPORTS

Bocce

Ages: all ages welcomed

Location: 783 Tennis Drive, South San Francisco (Located at Orange Memorial Park)

Times: 5:00pm-7:00pm

Dates:

- Wednesdays, July 1, 8, 15, 22, 29
- Thursdays, July 2, 9, 16, 23, 30



Known as Italian lawn bowling, Bocce is one of the oldest and most widely played lawn and yard games in the world, enjoyed for its simplicity, strategy, and social nature. This summer, players of all skill levels are invited to join our welcoming Bocce leagues, designed to be fun, inclusive, and easy to learn whether you are brand new to the game or an experienced player.

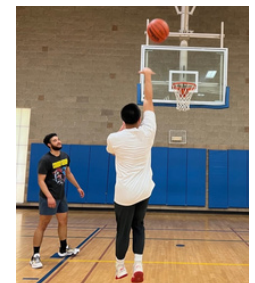
The courts are owned by the city, and operated in partnership with the South San Francisco Italian American Citizen's Club, a co-sponsored group of the Parks and Recreation Department.

Open Gym

Location: 783 Tennis Drive, South San Francisco (Located at Orange Memorial Park)

Join us for a Free Open Gym offering Basketball and Badminton! Available on select dates, this opportunity is open to the first 30 individuals who enter and sign in. Don't miss out on the fun and fitness!

Ages	Date	Time
Juniors Only	Saturday, July 11	12:00 p.m. - 3:00 p.m.
Adults Only	Sunday, July 12	9:00 a.m. - 3:00 p.m.





July 2026 | Happy National Parks & Recreation Month!



SPECIAL EVENTS

(650) 829-3800 | WWW.SSFCA.GOV/PANREVENTS

JULY 4 PARADE & PICNIC

Saturday, July 4, 2026

10:00 a.m. – 2:00 p.m.

Grand Ave. between Spruce Ave. and Maple Ave.

South San Francisco

Free Admission

Celebrate America's 250th birthday with the South San Francisco community at a special Fourth of July celebration in downtown South City.

The festivities will feature a community parade starting at Orange Memorial Park and move on its way to City Hall, a community picnic along Grand Avenue, family-friendly activities, entertainment, giveaways, and opportunities to support and engage with local businesses.

Designed to bring the community together in one shared space, this festive celebration will honor the people, cultures, and connections that make South San Francisco special. Residents of all ages are invited to enjoy an afternoon of community spirit, patriotic decorations, commemorative displays, and activities celebrating this historic milestone.

Join the City as we celebrate 250 years of America, and the diverse community that continues to shape South City's story.

Say hi to our friends of Parks and Recreation table!

Learn more about this event at www.ssfca.gov/America250.



SOUTH CITY
4th of July
PARADE & PICNIC

250 YEARS. ONE COMMUNITY.
Celebrate July 4 in South San Francisco
Parade • Picnic • Family Fun

Saturday, July 4, 2026 | 10:00 am - 2:00 pm

Parade Start: Orange Memorial Park (Orange Ave. & Tennis Dr.) End: City Hall (400 Grand Ave.)	Picnic Grand Avenue near City Hall
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 For more info and to RSVP:
Scan the QR code or visit
<https://SouthCityJuly4.eventbrite.com>

Learn more about SSF America 250 events, visit:
www.ssfca.gov/America250





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SPECIAL EVENTS

(650) 829-3800 | WWW.SSFCA.GOV/PANREVENTS

FREE TO BE.. ME 2026 ART SHOW

Friday, July 10, 2026

Saturday, July 11, 2026

Library | Parks & Recreation Center

901 Civic Campus Way, South San Francisco

Free Admission

Celebrate creativity, self-expression, and the incredible talent of our community at the City of South San Francisco Cultural Arts Program's Free to Be... Me 2026 Art Show! This free exhibition invites artists to showcase their unique perspectives and boundless imagination through a diverse collection of artwork. Join us for the opening reception and experience an inspiring display of creativity while connecting with local artists and fellow art enthusiasts.

Friday, July 10 | 6:00 p.m.–8:00 p.m.

Saturday, July 11 | 10:00 a.m.–3:00 p.m.

- Enjoy a special Hawaiian Hula presentation by the SSF Parks & Recreation Hula Class on Friday.

Can't make the opening? The gallery will be open for weekday viewing July 13–31, Monday through Friday, from 10:00 a.m. to 5:00 p.m., with a special Evening Viewing on Tuesday, July 28, from 10:00 a.m. to 8:00 p.m.

For more information and frequently asked questions, visit www.ssfca.gov/pandrevents. For questions, contact the Recreation Office at (650) 829-3800 or email web-rec@ssfca.gov.

City of South San Francisco Cultural Arts Program

FREE TO BE..

2026 ART SHOW

OPENING

July 10
6PM-8PM

July 11
10AM-3PM

**FREE
ADMISSION**



ssf.net/pandrevents

Artists enjoy the **liberty** to showcase their infinite **creativity**

ON FRIDAY EXPERIENCE
A mesmerizing
Hawaiian Hula
presentation by the
SSF Parks & Recreation
Hula Class

Gallery Weekday Hours

July 13 to 31
Monday through Friday | 10:00 a.m.-5:00 p.m.

Evening Viewing

Tuesday, July 28 | 10:00 a.m.-8:00 p.m.



LIBRARY | PARKS AND RECREATION CENTER

901 Civic Campus Way, SSF | 3rd Floor Gallery Room #321

INFORMATION

SSF Parks and Recreation Department
www.ssfca.gov/CulturalArts
ercie.santos@ssfca.gov | (650) 829-3810





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SPECIAL EVENTS

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STARGAZING WITH ASTRO EVERYWHERE!

Friday, July 10, 2026

8:00 p.m. – 10:00 p.m.

**Location: Library | Parks & Recreation Center
Green Space**

Join us for a Star Party and experience the wonders of the night sky! Whether you're a seasoned stargazer or simply curious about the cosmos, this free drop-in event invites the community to explore the stars, planets, the Moon, and other celestial objects through guided observation and conversation.

Leading the evening is our resident Recreation Instructor and amateur astronomer of 20 years, Josh Roberts. With an academic background in physics and astronomy, Josh is passionate about making space science accessible and engaging for all. He has contributed to astronomy outreach and content creation for the California Academy of Sciences and NASA's Ames Research Center and has participated in numerous Bay Area and national astronomy programs and organizations.

Bring your curiosity and discover the beauty of the night sky at this family-friendly Star Party. All ages are welcome.

This is an outdoor program, so please dress appropriately for the weather. July evenings can be chilly, so we recommend bringing layers, jackets, and anything else to keep you warm and comfortable. Enjoy the night sky!



Have a telescope or binoculars? Bring them along and share in the excitement!



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SPECIAL EVENTS

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SSF PARKS & RECREATION
DEPARTMENT

MOVIE NIGHT IN THE PARK

Friday, July 17, 2026
Orange Memorial Park Meadow
West Orange Avenue & Memorial Drive

Join us at our first Movie Night in the Park of the summer! July is Parks and Recreation Month. This event will feature additional activities for all ages. The movie will begin at sundown (approx. 8:30 p.m.) in the meadow at Orange Memorial Park. Bring your snacks, beverages, low lying lawn chairs, blankets and sleeping bags!

EVENT SCHEDULE: LAWN GAMES BEGIN:
6:00 P.M.
Arrive early and enjoy a variety of fun games for all ages!

HOT DOG GIVEAWAY: 6:30 P.M.
Free hot dogs while supplies last - first come, first serve!

NEW August location announced.
Film begins at 7:00 p.m.

Parks and Recreation Month
Celebration & Field Day!
Film begins at sundown (approx. 8:30 p.m.)

MORE DETAILS COMING SOON!
BRING YOUR SNACKS, BEVERAGES, LOW LYING LAWN CHAIRS, BLANKETS AND SLEEPING BAGS!

**FOR QUESTIONS, PLEASE CONTACT THE RECREATION OFFICE AT (650) 829-3800 OR VISIT
WWW.SSFCA.GOV/PANDREVENTS**

Movie Night in the Park + Field Day

Zootopia 2

Friday, July 17, 2026

Orange Memorial Park – Meadow

Memorial Drive, South San Francisco

Free Admission

Movie Begins at Sundown

Join us at our first Movie Night in the Park of the summer! July is Parks and Recreation Month. This event will feature additional activities for all ages. The movie will begin at sundown (approx. 8:30 p.m.) in the meadow at Orange Memorial Park. Bring your snacks, beverages, low lying lawn chairs, blankets and sleeping bags! On Friday, July 17, 2026 we will be screening Disney/Pixar's *Zootopia 2*. "Zootopia 2" Rookie cops Judy Hopps and Nick Wilde find themselves on the twisting trail of a great mystery when Gary De'Snake arrives in Zootropolis and turns the animal metropolis upside down. To crack the case, Judy and Nick must go undercover to unexpected new parts of town, where their growing partnership is tested like never before.

Free Activities

- Lawn games will start at 6:00 p.m.
- Free hot dogs will be available at 6:30 p.m.* While Supplies Last.

For more information and frequently asked questions, visit www.ssfca.gov/pandrevents. For questions, contact the Recreation Office at (650) 829-3800.



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Follow Us On Social Media!

Be on the lookout throughout July as we spotlight the many programs, services, facilities, and dedicated staff that help make Parks and Recreation such an important part of our community. Follow our social media channels and engage with our posts to learn more about the people, places, and programs that keep South San Francisco active, connected, and thriving.

We encourage you to like, share, comment, and help us celebrate Parks and Recreation Month with the community!

Tag us in your parks and recreation pictures and use hashtag #ThePowerOf and #SSFPRmonth

Week	Dates	Programs
Week 1	July 1–5	Kickoff / Classes
Week 2	July 6–12	Parks / Building Maintenance
Week 3	July 13–19	Aquatics / Childcare
Week 4	July 20–26	Sports / Rentals
Week 5	July 27–31	Cultural Arts / Seniors



@SSFParksandrec



Newsletter - sign-up!
[Bit.ly/SSFParkRec](https://bit.ly/SSFParkRec)



@SouthSanFranciscoParksandRecreation



(650) 829-3800



Web-rec@ssfca.gov

