

**RECOGNITION OF MENTAL HEALTH AWARENESS MONTH
MAY 2026**

***WHEREAS**, South San Francisco recognizes May 2026 as Mental Health Awareness Month and City Hall is lit in green for 2-weeks to encourage all community members to reduce stigma, increase support, and promote wellness to address mental health and substance use conditions; and*

***WHEREAS**, the theme for 2026 is “More Good Days, Together” and key events include Mental Health Awareness Week (May 11-17), featuring actions like “Wear it Green Day” and focusing on turning silence into connection through storytelling to break stigma; and*

***WHEREAS**, one out of every 24 Californians with a serious mental health condition have difficulty functioning in everyday life and if left untreated, have life expectancies 25 years shorter than the general population; and*

***WHEREAS**, every day, millions of people face stigma related to mental health and substance use conditions and may feel isolated and alone, going years before receiving any help; and*

***WHEREAS**, while mental health conditions are common across all types of demographics, certain communities face inequitable access to services, including people of color, the LGBTQ+ community, youth, and older adults; and*

***WHEREAS**, the City of South San Francisco continues to advance the mental health of the community by participating in a Community Wellness Crisis Response Team program with the goal of de-escalating mental health crisis calls; and*

***WHEREAS**, if you need suicide or mental health-related crisis support, or are worried about someone else, call or text **988 to the Suicide & Crisis Lifeline**.*

***NOW, THEREFORE, BE IT RESOLVED**, that the City Council of the City of South San Francisco does hereby recognize May 2026 as Mental Health Awareness Month and thanks Yuko Ng, the co-vice chair of Behavioral Health Commission for her great work to enhance public awareness of mental health and direct members of the community to resources and support for mental health and substance use conditions.*

Mark Addiego, Mayor

Mark Nagales, Vice Mayor

James Coleman, Councilmember

Eddie Flores, Councilmember

Buenaflores Nicolas, Councilmember