

**RECOGNITION OF MENTAL HEALTH AWARENESS MONTH  
MAY 2025**

***WHEREAS**, South San Francisco recognizes May 2025 as Mental Health Month and City Hall is lit in green to encourage all community members to reduce stigma, increase support, and promote wellness to address mental health and substance use conditions; and*

***WHEREAS**, in 2021, one out of every eight San Mateo County adults likely had serious psychological distress in the past year. From 2019 to 2021, San Mateo County youth in grades 7 and 11, reported chronic sadness and hopelessness (29% and 43%, respectively) in the past 12 months; and*

***WHEREAS**, one out of every 24 Californian's with a serious mental health condition have difficulty functioning in everyday life and if left untreated, have life expectancies 25 years shorter than the general population; and*

***WHEREAS**, every day, millions of people face stigma related to mental health and substance use conditions and may feel isolated and alone, going years before receiving any help; and*

***WHEREAS**, while mental health conditions are common across all types of demographics, certain communities face inequitable access to services, including people of color, the LGBTQ+ community, youth, and older adults; and*

***WHEREAS**, the City of South San Francisco continues to advance the mental health of the community by participating in a Community Wellness Crisis Response Team program with the goal of de-escalating mental health crisis calls to 9-1-1 in the community by clinically trained mental health staff, and participating in the Never a Bother campaign; and*

***WHEREAS**, if you need suicide or mental health-related crisis support, or are worried about someone else, call or text **988 to the Suicide & Crisis Lifeline**.*

***NOW, THEREFORE, BE IT RESOLVED**, that the City Council of the City of South San Francisco does hereby recognize May 2025 as Mental Health Awareness Month and thanks Laura Parmer-Lohan of NAMI San Mateo County for her great work to enhance public awareness of mental health and direct members of the community to resources and support for mental health and substance use conditions.*

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*Eddie Flores, Mayor*

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*Mark Addiego, Vice Mayor*

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*James Coleman, Councilmember*

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*Mark Nagales, Councilmember*

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*Buenaflores Nicolas, Councilmember*

*Dated: May 14, 2025*