



The City of South San Francisco

Office of the City Clerk
400 Grand Avenue
South San Francisco, CA 94080
(650) 877-8518

YOUTH COMMISSION APPLICATION

APPLICANT INFORMATION

Full Name: Tolentino Ysabella Date of Birth [REDACTED]
Last First (MM/DD/YYYY)

Address: [REDACTED]
Street Address

Daly City California 94015
City State ZIP Code

Telephone [REDACTED] Email [REDACTED]

SCHOOL INFORMATION

Please Select Grade:	Please Select School:
9 th Grade Freshman	Baden High School
10 th Grade Sophomore	<input checked="" type="checkbox"/> El Camino High School
11 th Grade Junior	South San Francisco High School
12 th Grade Senior	College: _____
Other: _____	Other: _____

SUPPLEMENTAL QUESTIONNAIRE

Why do you want to serve on the Youth Commission? Why do you believe the Youth Commission is important?

I am deeply interested in serving for Youth Commission because I want to be a voice for the youth in our community, especially when it comes to issues within our school district, political topics that are oftentimes overlooked, such as reproductive and sexual health. As a student and young activist, as I am a part of Anakbayan Daly City, a political organization that advocates against injustices occurring in the Philippines, I believe it's important that young people are included in conversations about the systems in power that continues to repress them. Along with reproductive health, I hope to contribute by bringing up other critical topics that directly affects us, such as stable resources for low-income families and the evolving issue of gentrification that we can see progress-- which is what makes Youth Commission a prominent aspect for change. It gives young people the opportunity to share their insights, speak about the current issues we see, and help make decisions that shape our future. Once we allow the youth to be involved, the city gets to hear new ideas, learn about real experiences, and make finalizing decisions that includes everyone.

SUPPLEMENTAL QUESTIONNAIRE

Please list school and community activities or service organizations in which you are involved in.

I'm the Co-Founder and Vice Director of SSF Brain Explorations, where we teach young kids about neuroscience in fun and easy ways at the new SSF Library. I serve as Awareness Commissioner for El Camino's ASB, helping lead events like Arab Heritage Month, Native American Heritage Month, Breast Cancer Awareness, and Women's History Month baskets. I'm also a part of Youth in Government, paired with Councilmember Mark Nagales, along with interning for James Coleman's re-election campaign. I've been in El Camino Theatre for 3 years, partaking different roles in plays and musicals. I'm also a member of Anakbayan Daly City, where we speak on political issues in the Philippines. Moreover at school, I'm President of the Neuroscience Club, PR officer for the Newspaper Club, and Co-Chair of Student Site Council, working closely with our principal to better help improve the school.

The Youth Commission addresses issues affecting youth and the community through making recommendations to City Council. Please explain what you believe is the biggest issue concerning youth in South San Francisco today.

One of the biggest issues youth in South San Francisco face today is the lack of access to reproductive healthcare, especially menstrual products. Many young women, including students, do not have access to basic hygiene items like pads and tampons. For those in low-income families, these products can be expensive, and sometimes they have to choose between essential needs, which shouldn't be the case. Menstrual products are not optional as they're a part of life and for women's health, especially since no one should feel embarrassed or struggle to manage their period. This is why I believe our city and school bathrooms should offer free menstrual products. As this issue shouldn't just be primarily implemented within school grounds, these products should be available in all public restrooms, including libraries, parks, and community centers. Periods don't stop when someone leaves campus, and access shouldn't either. It's a simple yet accessible way to support our youth of young women, promote hygiene, and reduce menstrual shame. Personal care should never be a burden, and reproductive health should always be accessible, especially for young people who may not be able to access the support they need. When we make menstrual products free and accessible everywhere, we are evoking empathy and a connection towards people, particularly women, in a sense that their dignity, health, and well-being is being accounted for. It's all about fairness, inclusion, and a cultivating a city where no one is left behind, no matter their income or background.

Can you commit to attending 6:30 p.m. meetings on the third Monday of each month? ☒ YES ☐ NO

If no, please explain: _____



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DISCLAIMER AND SIGNATURE

Applicant
Signature:

[Redacted Signature]

Date: 4/23/25

Parent
Signature:

[Redacted Signature]

Date: 4/23/25

I certify that, to the best of my knowledge, all statements in this application are complete and true. I agree and understand that any mis-statement of material fact will cause me to forfeit all rights to appointment to a Commission, Board, or Committee with the City of South San Francisco.

Applications are accepted on a continuous basis and will remain valid 1 year from the date of submission.

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Submission Date:
4/23/25

Received By:

SH